

At St. Joseph's Regional Medical Center, we are committed to providing quality geriatric care to older adults. Our geriatric team consists of Board-certified geriatric physicians who are highly involved with geriatric research, a geriatric Advanced Practice Nurse, a wound care management Advanced Practice Nurse, case managers/social workers for when the time comes for sub acute or long term placement such as St.Vincent's Nursing Home in Cedar Grove, and a staff nutritionist, who assesses each patient's eating habits to manage nutrition according to a patient's caloric needs.

As a designated Nursing Improving Care for Health System Elders (NICHE) site, we pride ourselves on providing a comprehensive program that fosters system wide improvements in the care of older adults. Our RN staff is educated on how to care for the elderly adult and is given NICHE updates yearly. By following a Relationship-Based Model of Care, our staff involves a patient's family in caring for the patient when they return home.

[Click here for an article published in *Nursing Spectrum* about our designation as a NICHE site at St. Joseph's Healthcare System.](#)

Patients with Dementia and Alzheimer's have access on the unit to a SNOZELIN Multi-Sensory Room. This room is used to help calm the patient using multi-sensory devices that incorporate lights, sounds, motion, and aromatherapy.

Geriatric patients at St. Joseph's Regional Medical Center enjoy dining with others for breakfast and lunch. Encouraging geriatric patients to move from room to room assists in daily exercise, which recent research indicates is a part of the plan to beat Alzheimer's.

Our staff is dedicated to making our patients feel as comfortable as possible with such things as activity bags with playing cards and puzzles, newly renovated patient rooms which include murals painted on the inside of the unit's entrance doors, and new Hill Rom Versa care beds for all patient rooms, positioning the bed as close as possible to the floor.