

St. Joseph's Regional Perinatal Center provides highly skilled obstetrical care to expectant mothers in the Northern New Jersey area. [Dr. Aldo Khoury](#) , Department Director, is a Board-certified Perinatologist. Additionally, St. Joseph's also has two Board-certified perinatologists, [Dr. David Principe](#) and [Dr. Christopher Sullivan](#) . Beside the active clinic at the Regional Perinatal Center, all three physicians maintain private practices in the area.

Diagnostic ultrasonography is available at ARDMS certified Antenatal testing unit. Services available include amniocentesis, nuchal translucency, various perinatal ultrasounds; non-stress testing, fetal anatomy studies, and consults from the physician staff.

The St. Joseph's Regional Medical Center's High Risk Pregnancy Clinic oversees the most complicated of cases. The entire team of physician, nurses, social workers, and dieticians evaluates patients focusing on their goal of bringing mother and baby through the pregnancy with minimal complications.

Expectant moms, or those contemplating pregnancy and have a high risk history, can contact any of our physicians at their offices or call the High Risk Pregnancy Clinic at: 973.754.2717.

For consults or nutritional referrals, please contact our American Diabetes Association (ADA) certified dietician, Alyce Thomas at 973.754.4074. Alyce specializes in Diabetes in Pregnancy.

The New Jersey Department of Health and Senior Services now mandates for all obstetrical patients, HIV testing in the 1st and 3rd trimester of pregnancy. Pre-test and post-test counseling is now the responsibility of the provider.

Due to this change in regulation, The Division of Aids Prevention and Control will no longer fund the HIV Counselors to provide counseling or rapid testing for obstetrical patients. This also applies to inpatients. If a physician requests an inpatient be tested, he/she is responsible for the pre-test and post-test counseling.

Please note: any provider who would like the HIV Counselor to assist with post-test positive counseling and enrollment in treatment at St. Joseph's Regional Medical Center Comprehensive Care Center may do so by paging the HIV Counselor who is on call at pager # 0963. Any individual requesting HIV counseling and/or testing may go to the St. Joseph's Regional Medical Center Comprehensive Care Center located at 160 Market Street in Paterson.

Walk-ins are welcomed. You may also make an appointment by calling 973.754.4701.

For additional information, please contact us: 973.754.2700.